



November, 2020

Bell Schedule

take a pic with your phone

- Grade 9/10's
- P1 7:55-9:10
- P2 9:15-11:15
- FLEX 11:15-11:45
- LUNCH 11:45-12:15
- P4 12:20-2:20**
- FLEX 2:20-2:50

**P4 Mon/Thurs students A-L
Tues/Fri students M-Z

- Grade 11/12's
- P1 7:55-9:10
- BREAK 9:10-9:25
- P2 9:30-11:30
- FLEX 11:30-12:00
- LUNCH 12-12:30
- P4 12:35-2:35**
- FLEX 2:35-3:05

**P4 Mon/Thurs students A-L
Tues/Fri students M-Z



WE HAVE NEWS!

Top 4 classes with the most packets at the end of the challenge will be competing in a MANA challenge to win the WhiteSpot Meal!



MOVE4MANA



DID YOU WALK TO SCHOOL TODAY?

Enter the walking draw every time you walk to school for a chance to win an APPLE WATCH!



MOVE4MANA



Another Picture Challenge!!

**We're posting a list
of pictures on
Instagram
(@hwssmove4mana)**



**The first one to
email their pictures
to M4Mevents2020
@gmail.com wins...
A \$25 Cineplex
giftcard!**

**Keep updated with our social media and get ready
to MOVE4MANA!**

JOIN MOVE4MANA CHALLENGES TO WIN PRIZES!



- Tranquility basket
- Art basket
- \$50 amazon gift card
- iPad
- AirPods Pro
- Apple watch (teachers)
- Vashtie rose ice cream
- Whitespot meal

**Stay tuned for these
upcoming prizes! It's not
too late to sign up!**

MOVE4MANA



MAKE SURE TO FOLLOW US ON SOCIAL MEDIA!



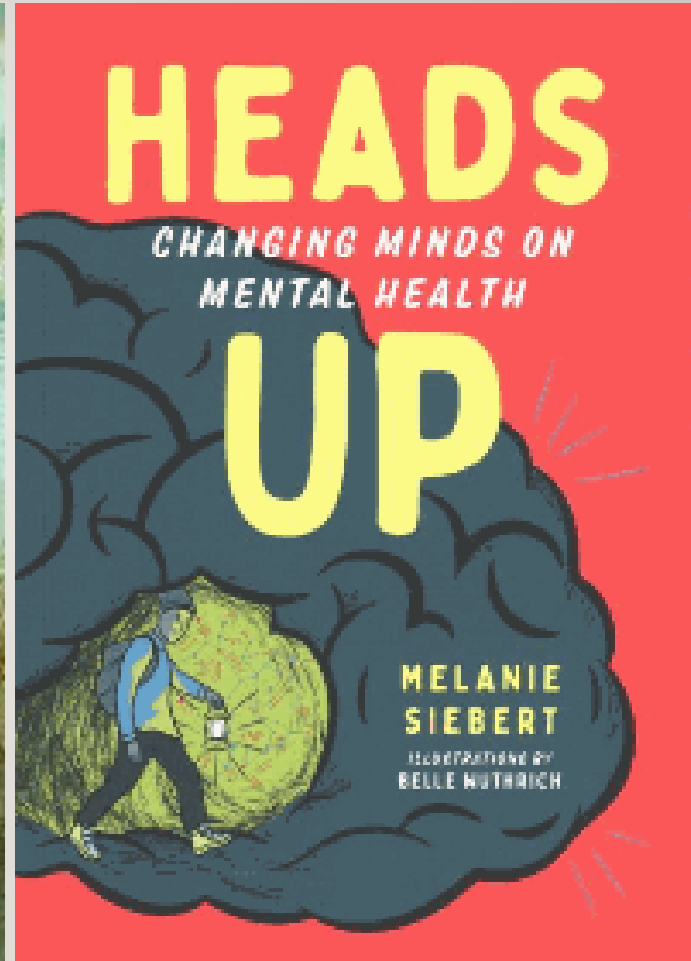
@hwssmove4mana

*ALMOST ALL EVENT INFORMATION WILL
BE ANNOUNCED ON OUR INSTAGRAM, SO
DON'T MISS OUT!*

**#ACTIVE
FOR GOOD**



NEW LIBRARY
BOOKS –
COME AND
CHECK THEM
OUT!



KODIAK ATHLETICS



CLUBS



HWSOAP TUTORING

Contact hwsaptutor@gmail.com for free
online peer tutoring in all school subjects!



HWSS Finance Club



**VIRTUAL
MEETINGS!
Bi-weekly**



Our focus is on learning how to invest, budget, spend, and save in order to work towards your financial goals.

Email 127-ncanofari@sd43.bc.ca or 127-rsheffield@sd43.bc.ca if interested!



Interested in equality, social justice, and being part of something great?

Join Girls Can Talk Society at our school!

- Gain volunteer hours
- Share your opinion on current issues
- Make a difference in our school community and the world!

Scan the code to join!



STOCK MARKET CLUB

Do you want to:

Click to add text

- Network with others who have real time experience in the market?
- Learn about stocks?
- Discuss stocks, debate picks?
- Analyze fundamentals and market psychology?
- Make money?

Scan the QR code to join!



Or join by emailing
127-kwang@sd43.bc.ca

CAREER CENTER





SD43-UBC Department of Medicine Night

It not too early to start exploring the path to becoming a medical doctor. A presentation led by the UBC MD Student Outreach Ambassador Program will be held on **Wednesday, Nov 25 @7PM.**

- All Gr 9, 10, 11 and 12 students and parents are invited to attend. You can have a lively and engaged discussion with current medical students who will provide valuable information, real-life experiences, and practical advice on pursuing the path to becoming a medical doctor.
- Join the Zoom meeting from this link:
<https://ubc.zoom.us/j/64840771869?pwd=cU9ZdVhUb3d2NkdXUHJJem5KM2o3Zz09>
- Meeting ID: 648 4077 1869 Passcode: 123456
- Slido.com will be used to ask questions. Event number is #62291
- Student are welcome to ask questions "in-person virtually" as well.

For more information on the program visit: <https://mdprogram.med.ubc.ca/admissions/md-ambassador-outreach-program/>



- **Calling all grade 11 and 12 students!** Join SFU Faculty of Environment for a series of interactive webinars to help you test drive your university experience. Each 45 minute webinar features an SFU professor and current students from different majors within the Faculty including Geography (November 24), Resource and Environmental Management (November 26), Environmental Science (November 30) and Archaeology (December 2) to help you experience how studying in the Faculty of Environment at SFU really is more than you think!
- Register here:
<http://www.sfu.ca/fenv/students/prospective-students/Testdrive.html>

Session Link:

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

(You don't need a MS Teams account or app)

- Parents and students are invited to our BEng Software Engineering information session!
- TRU Bachelor of Engineering in Software Engineering events have transitioned to online for the 2020-2021 school year, but there are still lots of ways for your students to connect with us! We appreciate you sharing the upcoming parent information session with parents and students in your school.

Virtual Info Session for Parents

New
admissions
requirements!

We help students create
their own path with a career
in Software Engineering!

TRU Bachelor of Engineering in Software Engineering

5:00PM, Tuesday, December 15, 2020

MS Teams Virtual Platform

RSVP: enr@tru.ca

tru.ca/se

THOMPSON RIVERS UNIVERSITY

BACHELOR OF ENGINEERING IN SOFTWARE ENGINEERING

Create your own path with a career in Software Engineering

Do you want a career that allows you to make an impact, and that is part of one of the fastest growing and most in demand professions in Canada? Do you want to contribute to the ever-growing need for software based solutions across a variety of industries and professions?

With a focus on skill-based learning and a commitment to small class sizes, the Software Engineering program at TRU provides a hands-on experience led by industry professionals. By blending engineering, business, computing science, project management and quality assurance, students receive a well-rounded and multi-faceted education that equips them with skills needed for the workplace.

EXPERIENCE HANDS ON LEARNING

The program's focus on experiential learning includes two mandatory co-op work terms in the fourth year of the program, which puts students in the position to be a paid employee before graduation and have opportunities to test-drive the wide variety of career options available in software engineering.

Career Paths in Software Engineering

- Manufacturing
- Medicine
- Banking
- Entertainment
- Research
- Automobiles
- Technology companies such as Google, Amazon and Facebook

THE TRU SOFTWARE ENGINEERING ADVANTAGE

- Offers strong foundations in principles and practice of software systems development, and related computing technologies.
- Students develop knowledge of the tools, technical skills and competencies required to design, develop, test and maintain cycles of software product.
- Emphasis on project-based learning practices that apply theoretical concepts to practical problems.
- Co-op work terms to gain relevant, paid work experience in industry.
- One-year design capstone project from real world industry to gain in-depth experiential learning.

ADMISSION REQUIREMENTS

First Year Entry

- BC Grade 12 (or equivalent).
- BC English 12 with a minimum of 67% (or equivalent).
- Pre-Calculus 12 with a minimum of 67% (or equivalent).
- Chemistry 11 with a minimum of 67% (or equivalent).
- Physics 11 with a minimum of 67% (or equivalent).

You may also be considered for second or third year direct entry if you have completed or partially completed first or second year science, engineering or cognate department courses. Please contact Dr. Faheem Ahmed for more information and evaluation at enrg@tru.ca.

CONTACT US

Kammi Madsen,
Engineering Advisor & Accreditation Coordinator

778-471-8698 | enrg@tru.ca

To apply for this program, visit tru.ca/admissions/apply

tru.ca/se





INTERESTED IN PURSUING
A CAREER IN FIREFIGHTING?

APPLY TODAY!

JUNIOR FIREFIGHTERS PROGRAM

Grade 11 and 12
students can apply
for the SD43 Fire
Academy.

APPLICATIONS DUE DEC.11 2020

Use QR Code to view the
2021 Application Package



INTERESTED IN REGISTERING FOR THE SD43 FIRE FIGHTING ACADEMY?

1

VISIT THE WEBSITE

Use the QR Code to visit the SD43 website and learn more about the program

2

COMPLETE THE APPLICATION

Download the application and follow instruction to complete your application.

3

SUBMIT YOUR APPLICATION

Once complete hand-in your application to your school counselor. Applications are due December 11, 2020

4

PART 2 OF APPLICATION PROCESS

Students who are successful will be contacted and will have to complete part 2 of the application process and will have to complete a physical fitness test and personal interview

FOR MORE INFORMATION PLEASE VISIT

43CAREERS.COM OR USE THE QR CODE



A reminder that applications are **due December 11, 2020** and should be handed-in to the students counsellor.

LINK to presentation :

- https://www.canva.com/design/DAEMfPiWeuk/JZtXBdBIg5D80ceHls76Dw/view?utm_content=DAEMfPiWeuk&utm_campaign=designshare&utm_medium=ink&utm_source=viewer

2020 Fire Academy Highlight Video

- <https://www.youtube.com/watch?v=P3si49Duyps>

2019 Fire Academt Highlight Video

- <https://www.youtube.com/watch?v=b2V5ep7FBEO&feature=youtu.be>



Attentions grade 11 and 12 students!

Are you interested in pursuing a career in Fire Fighting? Register for the SD43 Fire Fighting Academy and get a head start on your career.

SD43 FIRE FIGHTING ACADEMY

March 19-26, 2021

LEARN MORE



Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler
dbutler@sd43.bc.ca

Upcoming SD43 virtual Info sessions:

Tuesday November 17 3:30 pm SFU- SIAT Presentation

<https://sfu.zoom.us/j/81804465265?pwd=N05JcnRWaUhGMFVlWFdpcE5tT0xpZz09>

Wednesday November 18 6 pm

SFU: <https://sfu.zoom.us/j/89231081304?pwd=aXhaZXQ3aytKM2pqNHA2MUFsZ2p2QT09>

Meeting ID: 892 3108 1304 Password: 620941

Wednesday Nov. 18 4 pm Waterloo - <http://bit.ly/waterloosd43>

Thursday Nov. 19 4 pm Waterloo - save the date. Zoom link to come

Thursday November 19 4 pm - University of Calgary: Students will need to register in advance for this meeting: https://ucalgary.zoom.us/meeting/register/tJArf-mvrjkrH9a4WNM178nyOZX91I_bpkfF

Thursday November 19 3:30 pm Douglas College Register in advance for this meeting:

<https://douglascollege-ca.zoom.us/meeting/register/u5Muf-uqqD4rHdVSsx5vhW89zkHg1WxnsDah>

After registering, you will receive a confirmation email containing information about joining the meeting.

Monday November 23 5 pm Douglas College <https://douglascollege-ca.zoom.us/meeting/register/u5lqce-qqjoiG9f6MFFYEcaxF-Jnhlo4lb85>

After registering, you will receive a confirmation email containing information about joining the meeting.

Monday November 23 4 pm McMaster University Registration link: <https://calendly.com/macadmit-farah/heritage-woods>. **This is a registration link!** Please register *at least 12 hours prior* to the presentation.

Once registered, you will immediately receive an auto-generated confirmation email with the link to the presentation. (registration will be open right until the presentation)

Wednesday November 25 3:30 pm Douglas College Register in advance for this meeting:

<https://douglascollege-ca.zoom.us/meeting/register/u5Atc-Gqrz8tE9W3uCps4ljWhv94le72iBqS>

After registering, you will receive a confirmation email containing information about joining the meeting.

Monday November 30 6 pm McGill <https://mcgill.zoom.us/j/96285218683>

Upcoming SD43 Virtual Info Sessions continued . . .

- Wednesday November 25 4 pm – University of Calgary:
https://ucalgary.zoom.us/meeting/register/tJAvd0yhrD8rG91b08GUTj0DfCdfmrws1_9k Registration is open NOW
- Thursday November 26 4 pm Ryerson University: Save the date
<https://ryerson.zoom.us/j/99862028623?pwd=bVpDR0dBTEJwVSt0aU52dXhRK2puZz09> Passcode: 496262
- Community Fairs open to anyone
Wednesday, December 2 3:00 – 7:00 pm
- PSBC Registration link:
<https://postsecondarybcvirtualfair.easyvirtualfair.com>

BISHOPS UNIVERSITY

Tuesday, Nov 17, 2020, 04:00 PM PST:

https://us02web.zoom.us/meeting/register/tZEtcuigrDwrE9elaZ0q5Q19v7w_IU2mwaKR

Tuesday, Dec 1, 2020, 05:00 PM PST :

https://us02web.zoom.us/meeting/register/tZMkceygqDwrGdbiGV64T06X_8GTbn351KZP

Thursday, Jan 14, 2021 05:00 PM PST:

<https://us02web.zoom.us/meeting/register/tZMrduCrpzljGNQebEFJTLKISUGCsWDpstl>

→ After registering, students will receive a confirmation email containing information about joining the meeting.

QUEEN'S UNIVERSITY

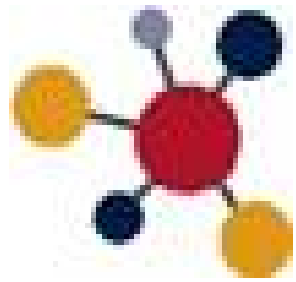
- **THURSDAY NOVEMBER 19 6 PM QUEEN'S UNIVERSITY**

[HTTPS://QUEENSU.ZOOM.US/S/97526753916?PWD=QKZHB3LKTMY5CZDJSUHTRUV6cWx4dz09](https://queensu.zoom.us/j/97526753916?pwd=QkZHb3lkTmY5czdJSUhtRUUV6cWx4dz09)

PASSCODE: F2GEH9

REGISTER NOW!!

- **YOU WILL BE REQUIRED TO COMPLETE A REGISTRATION FORM PRIOR TO JOINING THE EVENT SO PLEASE COMPLETE THIS REGISTRATION PRIOR TO THE EVENT, TO ENSURE THAT WE WILL BE ABLE TO GET STARTED WHEN EVERYONE HAS JOINED US.**



CANADIAN MEDICAL HALL OF FAME DISCOVERY DAYS IN HEALTH SCIENCES NOVEMBER 17, 2020

QR code →




Our modified virtual half day program comprises a keynote lecture, an interactive workshop and a career panel discussion. As always, participants will have the opportunity to select their own workshop. Please note that, although our delivery model has been adapted temporarily, the program is still considered an individual learning opportunity and workshop spaces continue to be limited.

- <https://forms.office.com/Pages/ResponsePage.aspx?id=74xl2ZICUkKZJWRC3iSkS12gtRqqkPhHgSV4d06Pfd1UMjJZNUpQR1pZVU02UzVOSkZSWkE2OFNUVy4u>


<https://www.cdnmedhall.org/bcchri2020>

OOO NATIONAL PORTFOLIO DAY

**SET
YOUR ART
APART**
↔



FREE + ONLINE PORTFOLIO REVIEWS



Events

For High School students and High School graduates

Saturday November 21

Sunday November 22

Saturday December 5

- <https://nationalportfolioday.org/schedule/>
- Register now at <http://nationalportfolioday.live>



Ticket Cost
Free for high school
/ CEGEP students

**Interested in studying STEM in
university or college?
Register for SheBiz 2020!**



Have you been thinking about studying Business, Science, Technology, Engineering or Mathematics after high school but not sure where to start? SheBiz 2020 is the perfect opportunity to learn more about careers in Finance from current university students and professionals in the industry.

We'll have representatives from some of Canada's largest financial institutions and universities that you'll be able to talk to and learn from directly.

Don't miss out on this exciting event, tell your friends and make sure to register before it's too late!

Wednesday, November 25, 2020

12:30PM - 3:30PM EST

Virtual on Hopin

SFU – Beedie School of Business



Are you interested in attending the SFU Beedie School of Business?

Webinars

- We will be hosting webinars on Wednesdays at 4pm. All are welcome to attend, and registration can be made at beedie.sfu.ca/bachelor-of-business-administration-webinars
- **Interactive Viewbook**
- Our interactive viewbook, complete with stats, student testimonials, and video content is now available! Go to bottom of the page on beedie.sfu.ca/bba to take a look.
- **Connect with a Current Student or Advisor**
- Do you have questions about the SFU experience? Are you interested in tips on how to make a successful transition to university from someone who's already done it? Book a video conference chat with a current SFU Beedie student or one of our advisors at sfubeedie.janeapp.com.
- If all advisor slots are booked, send us an email at bsb_admit@sfu.ca to set up a time.

Post-Secondary BC Events: Registration information not yet available but will be soon.

<https://www.postsecondarybc.ca/events/>

https://www.youtube.com/watch?v=t7-Ath_mH2E

- Wednesday, December 2 3:00-7:00 Community Event
- *this event will feature the 25 BC post-secondaries**

SFU / UVIC / UBC / U OF T

SFU:

- <https://www.sfu.ca/students/admission/campus-tours.html>
- Prospective Undergrad students

UVIC:

- November 12, 17, 24
- <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

UBC:

- **Future students Live Virtual Vancouver Campus tours throughout September and October, listed on the Undergraduate Future Student Portal:**
- <https://account.you.ubc.ca/s/events>

U of Toronto:

- [U of T Webinar Prospective Students](#)
Monday, November 16 at 6:00 PM
- [U of T Webinar for Prospective Students](#)
Monday, November 23 at 8:30 AM
- **This is just a small sample of the events happening.**
- **For virtual information session schedules at other universities please log on to the school admissions website to find information.**
- **We are also in the process of scheduling some HWSS or SD43 specific information sessions. Stay tuned for those!**



Zoom Information Session

Monday Nov 30, 2020 5:00 – 6:00 pm

Study Business, Hotel Management
& Culinary Arts
at 4 of the top schools in Switzerland

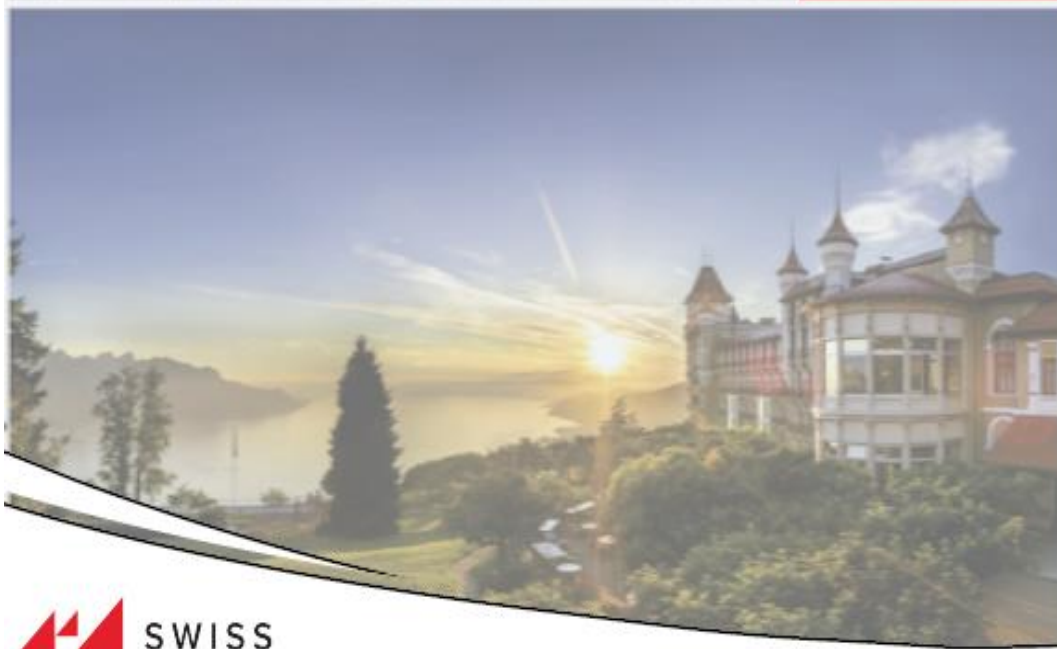
Zoom info



Zoom ID:
316 316 2237

2 Bachelor's Degrees in 3 years

2 global, paid internships



www.SwissEducation.com

counsellor@[SwissHotelEducation.com](mailto:counsellor@SwissHotelEducation.com)

Text / WhatsApp
WeChat
778.779.1647

<https://us02web.zoom.us/j/88948811517?pwd=L2xMMVJkV01veFYvMU8vWEozN2xjQT09>

REPEAT NOTICES



FOODS 11 SPRING SEMESTER STUDENTS of:

Ms. Watt, Mr. Chan and Ms. Wood

**If you have not picked up your Foods Safe Certificate,
please go to the office.**

**The certificates are filed by
advisory number.**

